



Fall Colors Canoe Adventure!



Take a break from everyday life and discover just how rich the natural world can be. The Boundary Waters Canoe Area Wilderness is beautiful and soul-filling. During this week in the wild, you'll enjoy paddling your canoe on beautiful waterways, exploring pristine woodlands, and digging deep into life with your fellow travelers. There's nothing else quite like it.

The first day of the trip we'll gather together at basecamp to pack, plan, and prepare for the challenging and fulfilling week ahead of us. We'll spend the first night at basecamp, and head out bright and early the next morning for the BWCAW! We'll spend 5 nights paddling and portaging and digging deep into life together. On the last day, we'll return to basecamp and you can either head home that afternoon or enjoy one more night at Amnicon before departing.

Frequently Asked Questions about the trip:

What are the bathroom facilities like?

Campsites have pit toilets that are often referred to as "Ranger Boxes". They are down a path and out of view of the campsite. It's like sitting on a toilet seat without any walls. It might be a little weird your first time, but once you get used to it, the view is quite nice!

What kind of wildlife will we see?

It's not uncommon to see loons, otters, beaver, eagles, herons, and more. If we're really lucky, we may get to see a black bear or a moose!

How tough is the trip?

Come prepared to make some distance! We'll be paddling and portaging every day, to get to some amazing views. We keep it fun, and the challenge is part of the adventure.



Adventure Trip Packing List

Packing Guidelines:

- **AVOID COTTON!!!**
 - Cotton takes a long to dry, and keeps you cold while wet
 - Instead, choose synthetic or wool items, which can keep you warm while wet
- **Pack Minimally but Smartly** You have to carry what you bring!
 - Think comfort, function, & necessity. Don't worry about fashion or brand names, just the guidelines below.
 - Each item of clothing is a tool that you can use to help you for various weather situations.
 - Bring layers that can be worn together. For example, make sure that one of your hats can be worn underneath your other hat. Make sure that you outermost layer (your winter coat or waterproof shell) fits over multiple layers of sweaters & pants.
- **Gear:**
 - Amnicon provides food and gear like tents & cooking equipment

Required Items:

- Rx Medications, enough for the whole week, in original bottles, with dosage and expiration date information listed clearly
- Sleeping Bag, rated to at least 5°F (or two sleeping bags each rated to at least 35°F)
- Warm, waterproof boots that are large enough to be worn over two pairs of socks.

Highly Recommended Items:

- 1 long-sleeved base layer shirt
- 1 light-weight sweater
- 2 or 3 warm sweaters or fleeces * (Wool or Synthetic only. No cotton sweatshirts!)
- 1 pair long underwear pants
- 1 pair warm pants, fleece or similar
- 2 or 3 pairs warm/wool socks
- 2 warm stocking hats that can be worn together
- A quilted/down/puffy, insulating layer for both top & bottom
- Water proof shell for both top and bottom
- 2 pairs mittens or gloves
- A scarf or neck gaitor
- Water bottle (32 oz. with screw-on top) *
- Travel mug, leak-proof/fully sealable
- Headlamp/Flashlight, extra batteries
- Sleeping pad, full-length, rated to R4 (or two rated to R2)
- Personal hygiene items (toothbrush, contact solution, feminine hygiene products, etc.)

Optional Items:

- Sunglasses or ski goggles
- Card game, journal, or book to read (wrapped in plastic!)
- Camera (wrapped in plastic!) *
- Snow shoes

* We have some loaners of starred items available.

For use in-base, or before/after the trip

- Clean clothes for the car ride home
- Toiletries to shower at camp after the trip
- Money for the camp store (t-shirts, water bottles, stickers, etc.)

What NOT to bring to camp

- Precious Items, Clothes, or Anything you don't want to get lost or wet! Amnicon is not responsible for any personal property that is lost, damaged, or stolen both at Amnicon and while on the trip. This includes vehicles used to transport campers to Amnicon.
- Glass/Metal containers
- Fireworks, alcohol, illegal substances, or weapons. Any individual in possession of or using alcohol, illegal substances, or misusing drugs will be asked to leave the trip and Amnicon. Amnicon reserves the right to search personal possessions for alcohol, drugs, and weapons.
- Pets or sporting equipment

Packing Questions?

We want to make sure that you have the most successful trip possible! If you have any questions about what to bring or need recommendations, please feel free to contact us.

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